

CYNGHRAIR GAEAF DE CYMRU: SOUTH WALES WINTER HILL SERIES 2004 - 2005
after 6 races

			Llanbedr - Blaenafon		Llangynhafal Loop		Foel Fras		Waun Fach		Fan Fawr		Rhobell Fawr		
Name	Club	Cat	Time	Score	Time	Score	Time	Score	Time	Score	Time	Score	Time	Score	Total
Crispin Flower	Mynyddwyr De Cymru	SM	142.11	102.36		0.00		0.00		0.00		0.00		0.00	102.36
Martin Humphreys	Stroud Athletic Club	SM	142.15	102.31		0.00		0.00		0.00		0.00		0.00	102.31
David Finn	u/a	SM	144.53	100.50		0.00		0.00		0.00		0.00		0.00	100.50
Dimitri Vorres	Griffithstown Harriers	VM	146.48	99.19		0.00		0.00		0.00		0.00		0.00	99.19
Patrick Wooddisse	MDC	SM	151.57	95.65		0.00		0.00		0.00		0.00		0.00	95.65
Julian Carter	MDC	SM	161.35	89.03		0.00		0.00		0.00		0.00		0.00	89.03
Tim Reynolds	Great Western Runners	SM	161.45	88.92		0.00		0.00		0.00		0.00		0.00	88.92
Rhys Williams	MDC	SM	162.05	88.69		0.00		0.00		0.00		0.00		0.00	88.69
Dan Booth	MDC	SM	163.18	87.85		0.00		0.00		0.00		0.00		0.00	87.85
Tom Gibbs	MDC	SM	163.38	87.62		0.00		0.00		0.00		0.00		0.00	87.62
Philip Insal	Great Western Runners	VM	165.25	86.40		0.00		0.00		0.00		0.00		0.00	86.40
Adrian Orringe	Mynydd Du	SVM	167.33	84.93		0.00		0.00		0.00		0.00		0.00	84.93
Henry Thomas	Telford Athletic Club	VM	169.44	83.44		0.00		0.00		0.00		0.00		0.00	83.44
Matthew Lawson	Chepstow Harriers	SM	169.58	83.28		0.00		0.00		0.00		0.00		0.00	83.28
Jackie Lee	Eryri Harriers	SF	170.33	82.87		0.00		0.00		0.00		0.00		0.00	82.87
Martin Longhurst	Great Western Runners	VM	170.43	82.76		0.00		0.00		0.00		0.00		0.00	82.76
Victoria Musgrove	Eryri Harriers	VF	176.15	78.96		0.00		0.00		0.00		0.00		0.00	78.96
Tom Perkins	British Army	SM	176.33	78.75		0.00		0.00		0.00		0.00		0.00	78.75
Andrew Darby	MDC	VM	178.59	77.08		0.00		0.00		0.00		0.00		0.00	77.08
Peter Morfey	Cardiff Harlequins	VM	182.09	74.91		0.00		0.00		0.00		0.00		0.00	74.91
Neil Lewis	Hereford Couriers	SM	183.46	73.80		0.00		0.00		0.00		0.00		0.00	73.80
Philip Dixon	u/a	VM	183.50	73.75		0.00		0.00		0.00		0.00		0.00	73.75
Dick Finch	MDC	SVM	185.50	72.38		0.00		0.00		0.00		0.00		0.00	72.38
John Syms	MDC	SM	186.36	71.85		0.00		0.00		0.00		0.00		0.00	71.85
Alwyn Nixon	MDC	SVM	194.05	66.71		0.00		0.00		0.00		0.00		0.00	66.71
Mike Blake	Eryri Harriers	SVM	195.38	65.65		0.00		0.00		0.00		0.00		0.00	65.65
Andy Mullett	Bath Athletic Club	MSV	185.40	72.49		0.00		0.00		0.00		0.00		0.00	72.49
Jonathan Hurford	Great Western Runners	MSV	199.07	63.26		0.00		0.00		0.00		0.00		0.00	63.26
Daniella Woodbridge	Fairwater	SF	201.12	61.83		0.00		0.00		0.00		0.00		0.00	61.83
David Clarke	u/a	SM	201.13	61.81		0.00		0.00		0.00		0.00		0.00	61.81
Ross Powell	WFRA	VM	202.57	60.62		0.00		0.00		0.00		0.00		0.00	60.62
John Collins	Swansea Harriers	MSDV	203.24	60.31		0.00		0.00		0.00		0.00		0.00	60.31
Kevin Barnes	Hereford Couriers	VM	210.48	55.23		0.00		0.00		0.00		0.00		0.00	55.23

A runner's best five results to count

