

From the Mountains to the Sea 05 (Not a race!)

Approximate finishing times (not a race!)

Tom Gibbs	MDC	SM	3:30
Dai Richards	MDC	VM	3:50
Mick Learoyd	MDC	VM	4.09
Alan Gillard	Harlequins	VM	4:20 (cycled Storey Arms to
Merthyr Mawr)			
Phil Holder	Harlequins	VM	4:20 (cycled on road Storey Arms
to Werfa)			
Chris Blacker	Harlequins	SM(?)	4:20 (cycled on road Storey Arms
to Werfa)			
Mark Bryant	MDC	VM	4:20
Martin Lucas	MDC	SVM	4:34
Helen Bennett	?	SF	5:13